

COMMITMENT STATEMENT



Dear Sensual Self/C.L.E.A.R. Participant,

thank you for your interest in the Sensual Self Program/C.L.E.A.R. Course. By now, you've surely had a chance to explore my website, read testimonials and ask me any questions you've had.

Before we start our journey, I want to share my thoughts surrounding what I believe to be the most essential element that will contribute to your steady growth and learning as a participant of the Sensual Self/C.L.E.A.R.: honoring your commitment to attend and participate fully in both individual and group workshops.

Over the course of our journey, you find yourself questioning and subsequently learning and understanding the deepest elements within you. In order to arrive at these realizations, it is very important that you create time within your schedules solely dedicated to our journey. These sessions can be challenging and require that we give ourselves fully to further our journey within ourselves. I understand we maintain busy lives with competing priorities, but in order for us to grow and transform – we must honor and devote ourselves to our individual and group workshops to foster both your and the group's thriving.

I look forward to answering any remaining questions you may have and am excited to embark on this journey with you.

At the checkout, you will be asked to check the "Commitment statement" box, confirming that you have read and understood what is stated above and are ready to commit to this journey.